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Mfn2 deletion in brown adipose tissue protects from insulin resistance and impairs thermogenesis

Kiana Mahdaviani, Ilan Benador, Shi Su, Raffi Gharakhanian, Linsey Stiles, Kyle Trudeau, Maria Cardamone, Violeta Enriquez, Eleni Ritou, Tamar Aprahamian, Marcus F. Oliveira, Barbara E. Corkey, Valentina Perissi, Marc Liesa, and Orian S. Shirihai

Corresponding authors: Marc Liesa (Boston University School of Medicine, David Geffen School of Medicine at UCLA); Orian S. Shirihai (Boston University School of Medicine, David Geffen School of Medicine at UCLA; Ben Gurion University School of Medicine)

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Transaction Report: Please note that this manuscript was transferred from The EMBO Journal, where it was originally reviewed. The outstanding referee comments from that journal at the time of transfer are included in the first editorial decision letter shown here.

(Note: With the exception of the correction of typographical or spelling errors that could be a source of ambiguity, letters and reports are not edited. The original formatting of letters and referee reports may not be reflected in this compilation.)

1st Editorial Decision 13 January 2017

Thank you again for the submission of your manuscript to EMBO reports and for your patience, while it was seen by an editorial advisor, who is an expert in the field. I apologize for the delay in getting back to you, which is due to the Christmas holidays during which it is more difficult to get hold of people. The advisor evaluated your manuscript for potential publication in EMBO reports and I am sorry to say that the outcome of this evaluation is not a positive one.

In general the advisor pointed out that the data are in part conflicting, that important experiments are missing and that some of the observed effects are minor, yet these effects are central for the study’s conclusions. More specifically, the advisor agreed with referee 1 that oxygen consumption rates are missing for Figure 1 and 3 and indicated that data on physical activity under RT and cold exposure needed to be added to fully describe the phenotype. The reported increase in FA oxidation capacity appears to contradict the lipohypertrophy in BAT from animals, in the opinion of the advisor. Moreover, the changes in UCPI expression, the improvement in glucose tolerance as well as insulin sensitivity seem minor. Finally, the advisor agreed with referee 1 that "an acute adrenergic challenge and then recording oxygen consumption is required to make solid claims." The advisor"
concluded that "... while an observation that thermogenic capacity and improvements in energy homeostasis could be independent from each other may be interesting, I feel that the current manuscript falls short in providing convincing evidence in its current form."

Given this opinion and the opinion of the two referees who had evaluated the study for EMBO Journal and were also not supportive of publication, I have no other choice but to return your manuscript to you as we cannot offer to publish it. I am truly sorry to disappoint you on this occasion and wish you success with publication of your manuscript elsewhere.

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REFEREE REPORT FROM EMBO JOURNAL

Referee #1:

In this revised version, the authors have responded to the concerns raised in the initial review and provided additional information and experimental data. The two major experiments that were suggested: metabolic cages for direct BAT respiration and reproduce the mitochondrial data, were not provided. The authors interpret the defects in thermogenesis in response to acute cold as an "uncoupling defect" and suggest that under baseline (adapted) conditions there is no defect in BAT. This conclusion would have benefited from additional experiments suggested. This is a choice of the authors and these issues notwithstanding, there are no further experimental comments.

One area that the paper did not benefit from the revisions is the clarity and organization of the paper. The manuscript is extraordinarily difficult to read and understand. The organization of large amount of data can be much improved to make this a clearer manuscript. The same comments were made by the second reviewer and these should be considered by the authors. It was extremely difficult to go through this manuscript.

-Perhaps one way to achieve that would involve moving a substantial amount of data to the supplement (for example all of the male data) and combine some figures to reduce the number of main figures to 6 or 7. Perhaps the authors can describe the phenotypes of males and females together (as they are quite similar) and organize separate sections for mechanisms between males and females (basically the mitochondria respiration and RER). Figure 7 and perhaps 10 may be moved to supplement as well as some panels from crowded figures and combine some figures. (for example 5 and 11, and parts of 8 (A-C) with 4). These are some suggestions to consider for the authors.

Finally, the abstract may benefit from more clarity and the introduction may benefit from being shortened (for example paragraphs 2 and 3 may be significantly reduced or removed).

Appeal - authors' response

We are providing here a point-by-point response to the comments from the advisor. The main concerns can be summarized in 3 points:

1) The observed effects are minor:

*While we agree that the significant improvements in glucose tolerance and insulin sensitivity at 22oC in BAT-Mfn2-KO mice are not as large as changes in their cold tolerance, these improvements in glucose metabolism are markedly amplified at thermoneutrality. This amplification demonstrates that Mfn2 deletion in brown adipose tissue (BAT) results in improved capacity to adapt to obesity without the need for a proper response to thermal stress. We thus suggest that deletion of Mfn2 unravel thermal stress-independent pathways of BAT that protect from glucose intolerance. The therapeutic relevance of such pathways is the treatment of insulin resistance in humans, without the need to expose them to cold and as such, the thermoneutrality findings are of greater relevance. Furthermore, in the manuscript that was submitted back to back with ours, data from a similar mouse strain had even milder effect on glucose tolerance and this was not a cause of concern for the same two reviewers that reviewed our manuscript in EMBO in the back-to-back
Regarding the mild effects on Ucp1 expression (34% reduction in chow diet), we do not conclude that this reduction is the only factor causing cold intolerance under chow diet. Indeed, we think that this reduction demonstrates a metabolic remodeling of BAT mitochondria to enhance coupled (not uncoupled) fatty acid oxidation, required to cover increased ATP demand induced by lipohypertrophy. In agreement with our conclusion, we observed that after diet-induced obesity and thermoneutrality, the differences in Ucp1 expression are reduced, but cold intolerance is maintained. Therefore, the magnitude of the decrease in Ucp1 does not change the fact that these mice are cold intolerant or any of the conclusions of the paper.

2) Lipohypertrophy is contradictory to increased mitochondrial respiratory capacity:

While the statement that lipid accumulation represents decreased energy expenditure is commonly raised to explain obesity, we know this is incorrect. Obesity leads to increased mitochondrial lipid utilization and the storage of lipids does not represent a state of impaired energy expenditure. Storage of lipid is energetically costly. Lipid droplets are dynamic and ATP-demanding lipid cycling is actively occurring in cells that accumulate lipid droplets. A first example is the pancreatic beta cells in obese animals. Beta cells that accumulate lipid droplets have increased energy expenditure due to lipid cycling, where lipid cycling is thought to play a role in preventing the detrimental effects of excess lipids (Prentki et al, Cell Met 2013). A second example is fatty liver where lipid accumulation is associated with increased lipid utilization and mitochondrial respiration (Koliaki et al, Cell Met 2015). A third example is athlete muscles, which show a marked increase in mitochondrial respiratory capacity, have been shown to accumulate lipid droplets (Amati et al, Diabetes 2011). In this regard, we show that the increased respiratory capacity caused by Mfn2 deletion will support the extra ATP production required to support lipohypertrophy. This conclusion is further supported by the two-fold increase in the central components of the lipid uptake machinery in BAT (LPL and CD36) at thermoneutrality. Upregulation of lipid uptake capacity is unlikely to represent a response to impaired lipid oxidation. Furthermore, previous studies show that severe BAT dysfunction, as any other tissue dysfunction, causes atrophy (i.e. such as abnormal Ucp1 overexpression) rather than energetically costly lipohypertrophy.

3) Important experiments are missing:

The advisor outlined the following: “advisor agreed with referee 1 that oxygen consumption rates are missing for Figure 1 and 3 and indicated that data on physical activity under RT and cold exposure needed to be added to fully describe the phenotype. ” We will be happy to perform the adrenergic stimulation-induced oxygen consumption experiments in mice if they are sufficient for the advisor to recommend publication and we will also be happy to provide physical activity data.

Beta adrenergic-stimulated oxygen consumption in mice will determine if impaired thermogenesis is a result of impaired adrenergic response or intrinsic to the adipocytes. However, the main hypothesis of our study is that BAT-mediated improvement in insulin sensitivity can be induced through a thermogenesis-independent pathway. As such, whichever results will come from experiments studying oxygen consumption in mice in response to beta 3-adrenergic agonists, they will not address the hypothesis tested in this study and, as such, they will not change any of the conclusions of the paper. In addition, it does not change our main conclusion that components of mitochondrial dynamics in BAT, such as Mfn2, can determine the metabolic response to diet induced obesity. In this case, we show that BAT-specific-fragmentation can protect from insulin resistance in the obese at thermoneutrality and this conclusion will not be changed by mice respiration experiments.

Thank you again for this opportunity to address the concerns from the advisor.

Thank you for your mail and the point-by-point response to the advisor's concerns.

I have meanwhile contacted both our advisor and referee #1 to inquire whether they would find your manuscript suitable for publication in EMBO reports if you were to provide the requested and
missing experiments. The advisor confirmed that the study is potentially suitable for publication in EMBO reports if "[the authors] provide the oxygen consumption experiments as well as the physical activity data for Figures 1 and 3 and the findings would be supportive." Also referee 1 indicated that "... with those experiments in place, the paper will be suitable for publication in EMBO reports."

Given these positive opinions, I would like to invite you to revise the manuscript according to the referee's/advisor's suggestions. I would appreciate if you could send me a short note as to how much time you think you will need for these experiments. Also don't hesitate to contact me if you have any further questions or want to discuss the revision further.

I look forward to seeing a revised form of your manuscript when it is ready.

2nd Revision - authors’ response 15 March 2017

Thank you for the opportunity to re-submit the manuscript. As requested by reviewer #1 and the advisor, we now provide whole body oxygen consumption measurements, as well as physical activity data. We would also like to thank the EMBOJ reviewer #1 and the advisor for this second opportunity, as their comments helped us to significantly improve the manuscript. In this letter, you will find a summary of the new data, which addresses the 2 major concerns raised by the reviewers:

1) New Figure 2I shows that whole body oxygen consumption rates after 3-agonist injection are the same in WT and BAT-Mfn2-KO anesthetized mice, despite their cold intolerance. These results demonstrate that: 1) the ability to stimulate brown adipose tissue lipolysis and oxygen consumption through -3-receptors is intact in BAT-Mfn2-KO mice. 2) Whole body oxygen consumption coupled to ATP synthesis is replacing thermogenic Ucp1-dependent oxygen consumption in vivo. This is in agreement with our results showing that BAT-Mfn2-KO mice under chow diet have decreased Ucp1 levels and cold intolerance. Therefore, these data further support the results obtained in isolated mitochondria from BAT ex-vivo, which demonstrated absence of mitochondrial dysfunction and increased capacity for mitochondrial oxygen consumption linked to ATP synthesis in Mfn2-deleted mitochondria.

2) In new Supplementary Figure S2D, we provide physical activity data for BAT-Mfn2-KO mice fed a HFD under thermoneutrality (mice from Figure 3), as they show the largest degree of cold intolerance and the largest improvement in glucose tolerance. We do not detect differences in physical activity in the three axes measured between WT and BAT-Mfn2-KO mice (Figure S2D). These results demonstrate that changes in physical activity are neither driving nor contributing to the phenotypes caused by BAT-specific deletion of Mfn2 in obese mice at thermoneutrality.

While we are aware that we could not perform these measurements in all the experimental groups presented in this study, we are confident that the results shown are sufficient to confirm the major claims of our paper: that deletion of Mfn2 in BAT provides resistance to diet-induced glucose intolerance, increases BAT coupled mitochondrial respiratory capacity, BAT lipo hypertrophy and cold-intolerance. However, despite not being essential for our major conclusions, as the advisor pointed out, and in the experimental groups presented in our study is relevant, we have included the following paragraph in the discussion:

“As Mfn2 is primarily deleted in BAT of BAT-Mfn2-KO mice, their cold intolerance is unequivocally caused by a BAT-specific manipulation and, consequently, it can be expected to be exclusively a result of BAT mitochondrial remodeling. Exclusivity is strongly supported by the absence of changes in heat generation and physical activity in obese BAT-Mfn2-KO mice under thermoneutrality, the conditions in which BAT pathways related to cold exposure are shut down. Consequently, primary defects in other tissues would largely contribute to heat generation and physical activity at thermoneutrality and therefore the results we obtained exclude this possibility. However, we cannot exclude the existence of an alternative mechanism by which deletion of Mfn2 in BAT promotes the secretion of inhibitory factors leading to decreased shivering and/or thermogenic function in muscle, only apparent during acute cold exposure. We think that these specific questions describing elusive molecular mediators responsible for a potential crosstalk between BAT and muscle during acute cold exposure are beyond this study, but we can conclude
that BAT-Mfn2-KO mice can be used as a model to test these pathways.”

Finally, we have also added a second new paragraph in the discussion citing previous studies, from independent laboratories, which demonstrate that increased lipid accumulation in different tissues is associated with increased mitochondrial oxidative capacity coupled to ATP synthesis. Therefore, the association between lipid accumulation and mitochondrial dysfunction is not unequivocal, as indeed lipid storage and handling is energetically (ATP) expensive. Thus, our results in BAT showing increased mitochondrial function and lipid accumulation are not an exception, neither contradictory. We believe that our manuscript has now been greatly improved thanks to the editorial process and the addition of these new Figure panels asked by the reviewer and the advisor. We look forward your decision.

Thank you for the submission of your revised manuscript to EMBO reports. You have performed the experiments that both the referee and the advisor considered essential to complete the phenotypic characterization of the BAT-Mfn2 KO mice. You have added data showing whole-body oxygen consumption rates after 3-agonist injection as well as physical activity data. Moreover, you have rewritten and reorganized the manuscript as suggested by the referee. Given that the new data support the main conclusions of the study and that the referee is supportive of publication, we think that the manuscript is now suitable for publication in EMBO reports.

Browsing through the manuscript myself I found several issues that need to be taken care of before the manuscript can be accepted:

- Please show the p-value for Fig. S2D to unambiguously demonstrate that the difference in physical activity between wt and KO mice is not significant.

- Fig. 6J: I noticed that the increase in TG levels at 30°C compared to 22°C looks very similar in WT and KO mice. Even though this difference might not be statistically significant in the KO mice, you might want to mention that it follows a similar trend. Just looking at it by eye, I can hardly see a difference in serum TG levels between WT and KO.

- Please provide scale bars for the zoomed image in Fig. S3D and for Fig S3G and Fig S3G zoom

- The box in Fig. S3G does not correlate with the content of the magnified image. The latter is larger.

- Please reformat the Supplementary material as follows: You can provide up to 5 images as Expanded View. For these please follow the nomenclature Figure EV1, Figure EV2 etc. The figure legend for EV figures should be included in the main manuscript document file in a section called Expanded View Figure Legends after the main Figure Legends. Additional Supplementary material should be supplied as a single pdf labeled Appendix. The Appendix includes a table of content on the first page, all figures and their legends. Please follow the nomenclature Appendix Figure Sx throughout the text and also label the figures according to this nomenclature. For more details please refer to our guide to authors. Of course you can also supply all supplementary material in the Appendix. The advantage of the EV figures is that they are easy to access in the html version of the manuscript. Since you moved most of the data on male mice to the Supplement this would allow a fast and easy comparison between the data on females shown in the main figure to the male data in the EV figure.

I am looking forward to seeing a final version of the manuscript when it is ready.

Thanks a lot for looking at our manuscript so carefully. Please find a revised version and responses to your specific points.
- Please show the p-value for Fig. S2D to unambiguously demonstrate that the difference in physical activity between wt and KO mice is not significant.

We have added the p value for Fig S2D (now Appendix Figure S1D), using a Student t test, unpaired, wt vs KO. p=0.17.

- Fig. 6J: I noticed that the increase in TG levels at 30°C compared to 22°C looks very similar in WT and KO mice. Even though this difference might not be statistically significant in the KO mice, you might want to mention that it follows a similar trend. Just looking at it by eye, I can hardly see a difference in serum TG levels between WT and KO.

While we wanted to state that there are no differences between WT and KO by writing “without significant changes in the steady state levels of circulating TG”, we agree that this sentence is not accurate enough to illustrate the mentioned trends. To clarify the sentence and comment on the fact that thermoneutrality increases TG levels in both genotypes, we wrote:

“Indeed, these increases were associated with a reduction in circulating cholesterol levels in BAT-MFN2-KO obese females (Figure 6I). However, no significant changes in the thermoneutrality-induced steady state levels of circulating TG were detected between WT and BAT-Mfn2-KO obese females (Figure 6J).”

In addition, we realized that the # on the KO bar was lost during the figure formatting. We double checked the calculations and confirmed that the induction of TG by thermoneutrality in the KO is indeed significant. This has been corrected. We thank you again for such a careful revision of the figure.

- Please provide scale bars for the zoomed image in Fig. S3D and for Fig S3G and Fig S3G zoom

We have provided scale bars for the zoomed image in Figure S3D and in Figure S3G.

- The box in Fig. S3G does not correlate with the content of the magnified image. The latter is larger.

We have erased the zoomed image in Figure S3G, as with the electron microscopy images added during the revision process, there is no need to show mitochondrial morphology by zooming immunohistochemistry images.

- Please reformat the Supplementary material as follows: You can provide up to 5 images as Expanded View. For these please follow the nomenclature Figure EV1, Figure EV2 etc. The figure legend for EV figures should be included in the main manuscript document file in a section called Expanded View Figure Legends after the main Figure Legends.

We will provide 2 Figures for expanded view: Previous Figure S1 is now Figure EV1 and Previous Figure S5 is now Figure EV2. Their legends are included after the main figure legends and we will upload EV figures as TIFF. Additional Supplementary material should be supplied as a single pdf labeled Appendix. The Appendix includes a table of content on the first page, all figures and their legends. Please follow the nomenclature Appendix Figure Sx throughout the text and also label the figures according to this nomenclature. For more details please refer to our guide to authors. The rest of supplementary Figures are now in the appendix pdf file, including their legends. Of course you can also supply all supplementary material in the Appendix. The advantage of the EV figures is that they are easy to access in the html version of the manuscript. Since you moved most of the data on male mice to the Supplement this would allow a fast and easy comparison between the data on females shown in the main figure to the male data in the EV figure. Figure S5 including the male data is now Figure EV2

4th Editorial Decision 10 April 2017

I am very pleased to accept your manuscript for publication in the next available issue of EMBO reports. Thank you for your contribution to our journal.
This checklist is used to ensure good reporting standards and to improve the reproducibility of published results. These guidelines are consistent with the Recommendations for Reporting Preclinical Research issued by the NIAID in 2010. Please follow the journal’s author guidelines in preparing your manuscript.

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- Classify animal experiments into those that are a) non-invasive and b) invasive. (See also: ARRIVE Guidelines).

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Huang J, Brown AF, Lei M (2012). Crystal structure of the TRBD domain of TERT and the CR4/5 of TR. Protein Data Bank 4O26

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